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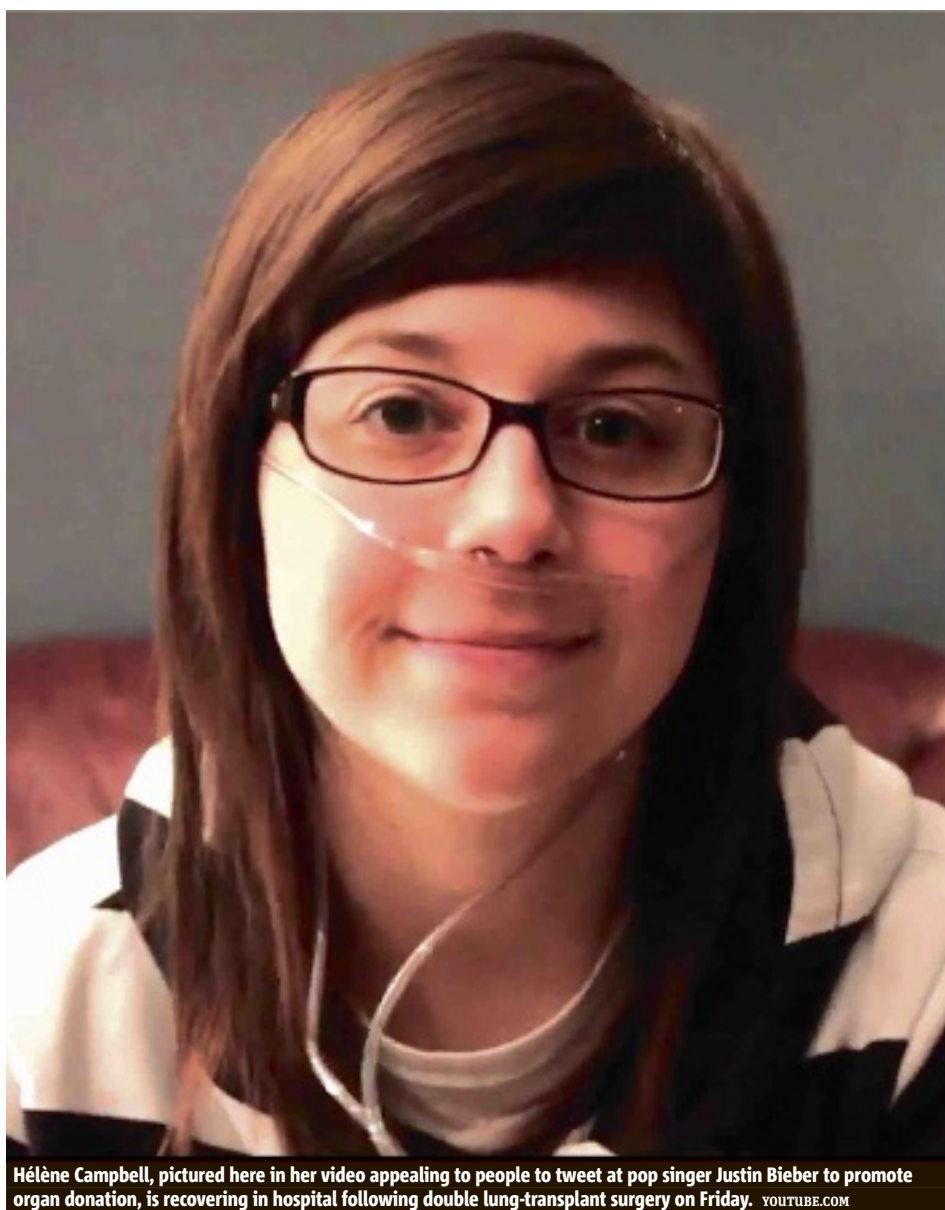


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Hélène Campbell, pictured here in her video appealing to people to tweet at pop singer Justin Bieber to promote organ donation, is recovering in hospital following double lung-transplant surgery on Friday. [YOUTUBE.COM](#)

Update. Campbell doing exercises in bed as she recovers from surgery, according to tweets from @alungstory



JOE LOFARO
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Hélène Campbell is showing signs of recovery from her seven-hour double lung transplant — spelling words and breathing a bit on her own, her mother tweeted Sunday.

The 20-year-old Barhaven woman who launched a powerful organ-donation awareness campaign after being diagnosed with advanced pulmonary fibrosis last summer, underwent double lung-transplant surgery Friday morning at the Toronto General Hospital.

On Sunday, her mother, Manon Roy Campbell, tweeted, "With an alphabetic board, Helene is spelling words to communicate when awake. She was doing some leg exercises while in bed this afternoon!"

In a previous tweet, Manon also said Hélène remained stable and is "able to do some breathing on her own, but is still helped with the ventilator."

The operation began just after midnight Friday, shortly after her condition started to worsen.

Using the same Twitter account (@alungstory) that H  l  ne used to raise awareness and round up support from Justin Bieber and Ellen DeGeneres for her cause, Manon is updating everyone on her condition.

On Saturday, Manon tweeted that H  l  ne tried to open her eyes and began responding to commands.

Following news of the transplant surgery, DeGen-

eres tweeted, “I’m so happy my friend Helene Campbell @alungstory was finally able to get her lungs. I’m sending lots of love and healing thoughts.”

At their first press conference since H  l  ne was diagnosed, Alan and Manon thanked their daughter's support network, her doctors, the media and the donor's family.

"That gift of life is something that we will honour, and that Hélène will honour," said Alan Friday.

Lead transplant surgeon Dr. Tom Waddell told reporters Friday that Hélène will need about a month to recover from the operation.

In the meantime, her parents have asked for privacy as they focus on her recovery.



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Sens fans optimistic about playoff chances

Post season.

Sens enter 'second season' with 92 points, Rangers led Eastern Conference with 109 points



JOE LOFARO
joe.lofaro@metronews.ca

Local hockey fans are confident the Ottawa Senators will clean up in the playoffs this season and that their first post-season game this Thursday against the New York Rangers will be no exception.

"We're going to take 'em down," said Jean-Marc Fournier Sunday. "We've got Konopka, Neil, Carkner — we've got young fighters and scorers."

The 21-year-old Sens fan is one of many in the region

who is anxious for the Eastern Conference quarter-final against the Rangers.

He said the Sens' new coach Paul MacLean shook up the players enough to get them to this point.

"I'd say Ottawa takes it in six and they go play New Jersey," he added.

Like the Florida Panthers and Washington Capitals, the Sens are going into the Eastern Conference with 92

points.

The Rangers accrued 109 points, good enough for first in the East.

Andrew Towle also thinks the Sens will pull it off against New York.

"They exceeded my expectations during the season," said Towle, 20.

But not all hockey fans were so optimistic about the Sens this season.

Boston Bruins devotee Ste-

phen Stille said if it comes down to the Sens facing off the Bruins after the first round, the Sens don't stand a chance.

"The Bruins are too strong, too big, too fast," said Stille.



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First time on stage with the big pipes

Six-year-old Angus Albinati performs with Ottawa's Sons of Scotland Pipe Band on Parliament Hill Sunday during National Tartan Day celebrations. Alex, who's been playing the bagpipes since age 4, said he was excited to be performing for the first time with a full-sized set of pipes instead of training chanters. More than 100 people gathered for the celebration of all things plaid.

STEVE COLLINS/FOR METRO

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NEWS

On the web

Flipping out at 86

Eighty-six-year-old Johanna Quaa could put gymnasts a quarter her age to shame. Last month, the springy silver-haired octogenarian wowed a crowd during parallel-bar and floor-exercise rotations at the Cottbus Challenger Cup in Brandenburg, Germany. Watch at metronews.ca

Feather-weight bout

Feathers and fluff were afloat in Berlin after a flash-mob pillow fight took to the city's famous Brandenburg Gate. Watch at metronews.ca

Mobile news



Britain's Olympic chief fears the London Games could be marred by a protest like the one that disrupted the Boat Race between Oxford and Cambridge on the River Thames. Scan the code for the full story.

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Stafford. Family spends quiet day on anniversary of girl's disappearance

In the midst of the trial of the man accused in her death, Victoria Stafford's family is spending a quiet day marking the grim anniversary.

"Yes, it's an anniversary, but I don't want to keep reliving that day," her father Rodney Stafford said.

"There's a deeper loss because she's gone, but at the same time there's more positive out there."

April 8, 2009, was the day Tori never returned home from school and never would again. Her remains were discovered that July, but at the same time each April 8 is just another day without Tori, said Rodney. **THE CANADIAN PRESS**



Victoria (Tori) Stafford's father Rodney and her brother Daryn visit her grave in Woodstock, Ont., on Sunday. DAVE CHIDLEY/THE CANADIAN PRESS

Hateful emails

Bible ban evokes threatening letters

A public school board's decision to ban distribution of Gideon Bibles to its young students has unleashed a torrent of threatening calls and hateful emails directed at trustees.

Some messages to the Bluewater District School Board express racist sentiment and question trustees' patriotism.

"Allowing newcomers to Canada the ability to walk all over our heritage has got to stop before they carry us into the realm of a warring nation like the one they often left behind," one email said.

THE CANADIAN PRESS

McGill student suing U.S. government for border interrogation

Lawsuit. Student's lawyers argue search was unconstitutional, but government says it has right to search at border without cause

A Montreal university student was detained at the U.S. border, held for several hours, interrogated, had his personal belongings searched and saw his computer confiscated for over a week.

What caught the authorities' attention? His doctoral research on Islamic studies, he says.

In a case that has attracted media attention in the U.S., Pascal Abidor has become embroiled in a drawn-out legal battle with the American government.

Abidor, a 28-year-old American and French dual citizen, was returning by train to Brook-



Pascal Abidor, an Islamic-studies doctoral student at McGill University, poses at McGill in Montreal, Wednesday. Abidor was detained at the U.S. border and saw his computer confiscated for over a week. GRAHAM HUGHES/THE CANADIAN PRESS

lyn in May 2010 when a U.S. Customs and Border Protection agent stopped him at the border in Champlain, N.Y.

The agent turned on Abidor's computer and found photos of rallies by the Hamas militant group. He says he explained that he had downloaded them from Google as part of his McGill University doctoral dissertation on the modern history of

Shiites in Lebanon.

When Abidor's laptop was returned 11 days later, there was evidence that many of his personal files had been opened, he said. A federal judge heard arguments in July 2011 by the U.S. government for throwing out the lawsuit. The judge has yet to rule on whether he will dismiss the case.

THE CANADIAN PRESS

Escalating costs

Jets' price tag not news to MacKay

Defence Minister Peter MacKay says he was aware two years ago that it would cost closer to \$25 billion to buy a new fleet of F-35 stealth fighter jets.

That's about \$10 billion more than the nearly \$15 billion the government has maintained would be the price of the 65 radar-evading aircraft.

MacKay was asked on CTV's Question Period whether he was aware of the higher internal number. He said the higher number takes into account the on-going cost of pilots' salaries and other costs associated with operating the current fleet of CF-18 jet fighters.

"Yes, and it was explained to me just that way, that the additional \$10 billion was money that you could describe as sunk costs, that is what we're paying our personnel, and the fuel that is currently being expended in CF-18s, jet fuel, maintenance costs, what we are currently spending," MacKay said.

THE CANADIAN PRESS

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Rescuers dig through snow at avalanche site

Kashmir region. 24 hours later, workers had yet to find any of the 135 soldiers and civilians missing after snow swept army base

Rescue workers used bulldozers Sunday to dig through huge banks of snow following a massive avalanche a day earlier in Siachen that engulfed a military complex and buried at least 135 people.

Most of the victims were soldiers.

The avalanche occurred in a mountain battleground close to the Indian border.

More than 24 hours after the disaster at the entrance to the Siachen Glacier, no bodies have yet been recovered, said military officials.

The accident, whose site is on the northern tip of the divided Kashmir region claimed by both India and Pakistan, highlighted the risks of de-



Pakistan's army chief Gen. Ashfaq Parvez Kayani, centre, gestures during his visit to avalanche site in Pakistan.
INTER SERVICES PUBLIC RELATIONS/THE ASSOCIATED PRESS

ploying troops in one of the most inhospitable places on Earth.

Troops have been posted at elevations of up to 6,700 metres and have skirmished

intermittently since 1984. The glacier is known as the world's highest battlefield.

The army said 240 troops and civilians worked at the scene Sunday with the aid of

sniffer dogs and heavy machinery.

Pakistan and India have fought three wars since 1947, two have been over Kashmir.

THE ASSOCIATED PRESS

Arrests in spate of five shootings in Tulsa. Black community terrorized

Police backed by a helicopter arrested two men early Sunday and said they would face murder charges in the recent shootings that terrorized Tulsa's black community.

Three people were killed and two others were critically wounded.

Police spokesman said the two men were arrested at a home just north of Tulsa about 2 a.m. Sunday and were expected to be charged with three counts of first-degree murder and two counts of shooting with intent to kill.

While police identified the men as white and all the victims are black, authorities have not described the shootings as racially motivated and declined to discuss that issue.

Community leaders, however, expressed concern about the motivation for the shootings on Tulsa's predominantly black north side, as well as the possibility that they would provoke a vigilante response.

The Rev. Warren Blakney Sr., president of the Tulsa chapter of the National Association for the Advancement of Colored People, a civil-

rights organization, said that word of the arrests had provided a great sense of relief.

"The community once again can go about its business without fear of there being a shooter on the streets on today, on Easter morning," he said.

Police said they linked the shootings because they happened about the same time and within a few kilometres of each other.

All five victims were out walking when they were shot. Four were found in yards, and one in the street.

Police have said they don't believe the victims knew one another. They identified the men in custody as Jake England, 19, and Alvin Watts, 32, but gave no hometowns for them.

Officers said they were taken early Sunday for questioning at a downtown Tulsa police station, where they would be booked and jailed.

Tulsa police Chief Chuck Jordan called the attacks vicious and cowardly. Police said they did not have a motive for the shootings.

THE ASSOCIATED PRESS

Leaders of India, Pakistan talk peace

The leaders of India and Pakistan agreed in talks Sunday that their countries should adopt a step-by-step approach to resolve their differences and build on a recent thaw in their strained relations.

Indian Prime Minister Manmohan Singh and visiting Pakistani President Asif Ali Zardari said the meeting, their first in nearly three years, was friendly and constructive.

"Relations between India and Pakistan should become normal. That's our common desire," Singh told reporters after the private talks, at which no aides were present.

"We would like to have better relations," Zardari said. Singh said he had accepted

an invitation from Zardari to visit Pakistan as soon as mutually acceptable dates are worked out. Before Sunday, the two had not met since June 2009, when they met in the Russian city of Yekaterinburg.

"We have a number of issues, but we are willing to find practical and pragmatic solutions to all those issues," Singh said. "That's the message President Zardari and I would like to convey."

Although Zardari was in India on what was called a private religious trip, the one-day visit gave him a chance to meet Indian leaders amid a thaw in relations between the two countries.

He later visited Ajmer Sha-

rif, a revered Muslim shrine in India's western state of Rajasthan.

Zardari's visit to India, the first by a Pakistani head of state in seven years, is the most visible sign that the two countries have put behind them the enmity that followed the 2008 attacks in the Indian financial capital of Mumbai. In those attacks 10 Pakistani terrorists killed 166 people.

Singh told Zardari that "it was imperative to bring the perpetrators of the Mumbai attacks to justice and prevent activities aimed against India from Pakistani soil," said Indian Foreign Secretary Ranjan Mathai.

THE ASSOCIATED PRESS



Pakistan President Asif Ali Zardari waves as he visits a shrine in India.
MANISH SWARUP/THE ASSOCIATED PRESS

Nighttime raids

Afghans given authority over raids on homes

The U.S. and Afghanistan signed a deal Sunday giving Afghans authority over raids on Afghan homes. This resolves one of the most contentious issues between the two allies.

The majority of these raids are nighttime operations in which U.S. and Afghan troops descend

without warning on homes or residential compounds, searching for insurgents.

The raids are widely resented by Afghans, and President Hamid Karzai had repeatedly called for a halt to all night raids by international forces.

Karzai has said for months that they would have to stop before he would sign a much-anticipated pact governing the long-term U.S. presence in Afghanistan. The U.S. says such operations are essential for intelligence.

THE ASSOCIATED PRESS

North Korea

Poised to launch a long-range rocket

North Korean space officials have moved all three stages of a long-range rocket into position for a controversial launch.

They vowed Sunday to push ahead with their plan in defiance of international warnings against violating a ban on missile activity.

The Associated Press was among foreign news agencies allowed a

firsthand look at preparations under way at the coastal Sohae Satellite Station in northwestern North Korea.

North Korea announced plans last month to launch an observation satellite using a three-stage rocket during mid-April celebrations of the 100th anniversary of the birth of North Korean founder Kim Il Sung.

The U.S., Japan, Britain and other nations have urged North Korea to cancel the launch.

THE ASSOCIATED PRESS



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60 Minutes' 'interrogator' Mike Wallace dies at 93

Obituary. Feared for his prosecutorial style, Wallace's reputation arrived for the interview before he did

"Mike Wallace is here to see you."

The 60 Minutes journalist's reputation as a pitiless inquisitor was so fearsome that it was often said that those were the most dreaded words in the English language, capable of reducing an interview subject to a shaking, sweating mess.

Wallace, who won his 21st and final Emmy Award at 89, died Saturday in the New Canaan, Conn., care facility where he had lived the last few years of his life. He was 93.

Wallace didn't just interview people. He interrogated them. He cross-examined



The late Mike Wallace
TOBY TALBOT/THE ASSOCIATED PRESS FILE

He was well aware that his reputation arrived at an interview before he did, said Jeff Fager, CBS News chairman and Wallace's long-time producer at 60 Minutes.

"He loved it," Fager said Sunday. "He loved that part of Mike Wallace. He loved being Mike Wallace. He loved the fact that if he showed up for an interview, it made people nervous.... He knew, and he knew that everybody else knew, that he was going to get to the truth. And that's what motivated him."

Wallace made 60 Minutes compulsively watchable, television's first newsmagazine that became appointment viewing on Sunday nights. His last interview, in January 2008, was with Roger Clemens on his alleged steroid use. Slowed by a triple bypass later that month and the ravages of time, he retired from public life. **THE ASSOCIATED PRESS**

them. Sometimes he eviscerated them. His weapons were many: thorough research, a cocked eyebrow, a skeptical "Come on" and a question so direct sometimes it took your breath away.

Timeline:

Key dates and events in the career of 60 Minutes correspondent Mike Wallace:

- **1940s.** Wallace begins his news career as radio news writer for the Chicago Sun.
- **1950s.** Night Beat, a series of interviews that first brought Wallace recognition for his style of questioning, airs.
- **1968.** Wallace becomes the first man hired when 60 Minutes is put together.
- **1970.** Wallace wins first Peabody award at 60 Minutes.
- **1982.** Retired Gen. William C. Westmoreland sues Wallace and the network for libel. He later drops the lawsuit but only after years of legal battle.
- **1999.** The Insider, a film based in part on a 1995 60 Minutes story about tobacco industry whistle-blower Jeffrey Wigand, premieres. Christopher Plummer stars as Wallace.
- **2008.** 60 Minutes airs Wallace's last interview, with Roger Clemens on his alleged steroid use.

Nigeria. Suicide car bomber kills at least 38 in capital on Easter Day

A suicide car bomber detonated his explosives Sunday morning on a busy road after apparently turning away from attacking Nigerian churches holding Easter services, killing at least 38 people in a massive blast that rattled a city long at the centre of religious, ethnic and political violence in the nation.

The blast struck Kaduna, the capital of Kaduna state, leaving charred motorcycles and debris strewn across a major road in the city where many gather to eat at informal restaurants and buy black-market gasoline.

Nearby buildings had their windows blown out and roofs torn away by the force of the powerful explosion, which engulfed a group of motorcycle taximen. The explosion badly damaged the nearby All



A man walk past a damaged car at the site of a bomb explosion at a road in Kaduna, Nigeria, on Sunday. EMMA KAYODE/THE ASSOCIATED PRESS

Nations Christian Assembly Church and the ECWA Good News Church as churchgoers worshipped at an Easter service, the possible target of the bomber. Witnesses said it appeared the explosive-laden car

attempted to go into the compound of the churches before it detonated, but was blocked by barriers in the street and was turned away by a security guard as police approached.

THE ASSOCIATED PRESS

Vatican. Pope calls on Syria to put stop to ongoing violence

Pope Benedict XVI implored the Syrian regime Sunday to heed international demands to end the bloodshed and expressed hope that the joy of Easter will comfort Christian communities suffering because of their faith.

Benedict, struggling with hoarseness and looking tired, celebrated Mass on Christianity's most joyous holy day on the flower-adorned steps of St. Peter's Basilica, before a crowd of faithful that swelled to far

over 100,000 by the end of the two-hour-long ceremony.

Only hours earlier, the pontiff, who turns 85 on April 16, had led a long nighttime vigil service in the church. There have been concerns over his health.

At the end of Sunday's Mass, Benedict moved to the basilica's central balcony to read his Easter message "to the entire world."

THE ASSOCIATED PRESS



Pope Benedict XVI, seen here greeting the faithful at the Vatican on Sunday. OSSERVATORE ROMAN/THE ASSOCIATED PRESS

Peace plan for Syria delayed

A UN-brokered plan to stop the bloodshed in Syria effectively collapsed Sunday after President Bashar Assad's government raised new, last-minute demands that the country's largest rebel group swiftly rejected.

The truce plan, devised by UN-Arab League envoy Kofi Annan, was supposed to go into effect on Tuesday, with a withdrawal of Syrian forces from population centres, followed within 48 hours by a cease-fire by both sides in the uprising against four decades of repressive rule by the Assad family.

But on Sunday, Syria's Foreign Ministry said that, ahead of any troop pullback, the government needs written guarantees from opposition fighters that they will lay down their weapons.

The commander of the rebel Free Syrian Army said that while his group is ready to abide by a truce, it does not recognize the regime "and for that reason we will not give guarantees."

THE ASSOCIATED PRESS

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Pipeline

Aboriginals
dismayed with
hearing process

The federal government's decision to put a cap on how long environmental-assessment hearings can drag on isn't expected to affect the Northern Gateway pipeline project, but aboriginal reaction to the change probably will.

Natural Resources Minister Joe Oliver says Ottawa isn't

planning to fast-track the approval process for the proposed \$5.5-billion pipeline, despite his government's announcement in last month's budget they would limit project reviews to 24 months.

The Gateway assessment was always scheduled to be completed within that time frame.

But aboriginal leaders in British Columbia say they are becoming increasingly dismayed with the public-hearing process and are now considering bypassing the hearings and heading straight to court. **THE CANADIAN PRESS**

Carney urges smarter development of natural resources

Exports. Natural-resource industry needs to ensure it's being paid global rates for its products, Bank of Canada governor says

Part of the solution to Canada's poor export performance lies with natural resources, but simply pumping oil out the door won't suffice, says the governor of the Bank of Canada.

Mark Carney recently chastised Canadian business for being trade laggards since the 2008 recession, saying they have not done enough to infiltrate growing markets.

Carney said opportunities in natural resources abound in Canada, but they need to be developed quickly, efficiently — and sustainably.

"These opportunities exist at a time when there are other opportunities in other jurisdic-



Bank of Canada governor Mark Carney
FRANK GUNN/THE CANADIAN PRESS

tions, other countries. So there is an element of competition here, and we need to be appropriately efficient in their development," Carney said in an interview with The Canadian Press.

Canadian business should count on commodities prices and the Canadian dollar staying relatively strong over the long term and calculate their costs and revenues accordingly, he

said.

"The scale of the natural resources opportunities are huge (and) should be developed in a sustainable way," he stressed, opting to use the term "sustainable" at a time when federal budget directives dropped the notion of sustainable development and replaced it with "responsible" exploitation of resources. **THE CANADIAN PRESS**

Safety concerns

Ford recalls Focus vehicles

Ford is recalling more than 140,000 Focus compact cars because the passenger-side windshield wiper can fail.

U.S. federal-safety regulators say a seal in the wiper-motor wiring may be missing. Water can get inside and cause the wiper to stop working, increasing the risk of a crash.

There are 19,062 Focus vehicles in Canada that are involved in the recall.

THE ASSOCIATED PRESS

Market Minute



DOLLAR
100.62¢ US (+0.26¢)



TSX
12,103.11 (-75.55)



OIL
\$103.31 US (+\$1.84)



GOLD
\$1,630.10 US (+\$16)

Natural gas: \$2.089 US (-5.2¢)
Dow Jones: 13,060.14 (-14.61)

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LAST CALL FOR PAY PHONES?



URBAN COMPASS
Steve Collins
ottawa@metronews.ca

Here's a dollar. Phone somebody who cares.

In another age, an application from Bell Canada and its affiliates to the Canadian Radio-television and Telecommunications Com-

mission to permit charging up to a buck for a pay-phone call might have elicited more than a collective grumble and shrug, but many of us were too busy playing with our iPhones to notice.

This collect call, if the CRTC accepts the charges on our behalf, will, after all, clear the way for Bell's second 100 per cent price hike since 2007, when the cost of a call doubled from 25 cents to 50 — and the likelihood of your having the required change in your pocket dropped by about half.

As justification for the increase, Bell cites the cost of maintaining the phones and retooling them to accept new \$1 coins coming out this year, as well as the ever-shrinking number of customers who use them. Those customers have also had to look further afield to find a pay phone, as the CRTC counts 28,000 of them removed by major Canadian providers between 2006 and 2010.

Talk isn't cheap

When your minutes (or your battery) run out, however, or your phone's been lost or stolen, or one of countless other potential hiccups has struck unexpectedly, the pay phone, unfashionable, ignored and defaced, is your backup system. Fewer and fewer of us rely on it regularly, but it's awfully handy to have in the rare case when you need it.

If their disappearance has gone mostly unnoticed, it's not hard to guess why.

Statistics Canada noted that in 2010, 78 per cent of Canadians had a cellphone (in Ottawa, it's over 80 per cent), and an increasing number didn't even have a landline at home, further cementing the pay phone's image as an outmoded magnet for graffiti and little else.

That still leaves 22 per cent of us behind the technological curve, though. The Public Interest Advocacy Centre, which opposes the rate hike, says low-income Canadians will feel the pay-phone bite most keenly. Seniors and rural dwellers are other unlucky demographics expected to take more than their share of the hit.

The provincial government just enlisted social-assistance recipients in the fight against

the deficit with a rate freeze announced in this year's budget, so this attempt to double the price of a phone call could perhaps have come at a better time for them.

But Jill O'Reilly of Ottawa ACORN said that while the low-income advocacy group has received a few calls about the issue, fewer and fewer of their members depend on pay phones as the pre-paid cellphone has increasingly become standard equipment, especially for those with kids. Canadians pay some of the highest prices in the developed world for our cellphone services, but it seems even our poorest increasingly find they can't afford not to have them.

When your minutes (or your battery) run out, however, or your phone's been lost or stolen, or one of countless other potential hiccups has struck unexpectedly, the pay phone, unfashionable, ignored and defaced, is your backup system. Fewer and fewer of us rely on it regularly, but it's awfully handy to have in the rare case when you need it.

The CRTC, in a 2004 ruling, pronounced pay phones "an essential service for Canadians," and required phone companies to give notice before they pull the last phones out of any given community.

Bell says that if it can't raise its rates, it will have no choice but to pull more pay phones out of public places, a double-or-nothing proposition for those who depend on them. There's still some chance the CRTC will reject Bell's application and send the robustly profitable phone company packing with laughter ringing in their ears. But if a dollar is the price of keeping more of these phones in service for a little bit longer, to get us out of a few more unexpected jams, maybe it's worth it.

Two years ago, when an earthquake shook Ottawa, several wireless networks collapsed under the demands of the resulting "did-you-feel-that" calls. Fortunately, there were no serious injuries, and for those who really needed to get their call through, boring old pay phones were standing by, and 911 calls are still free.

Retracing Titanic's path



ALASTAIR GRANT/THE ASSOCIATED PRESS



A mockup of a first-class dining table from the Titanic is seen in the check-in area for the MS Balmoral Titanic memorial cruise.

ALASTAIR GRANT/THE ASSOCIATED PRESS

All aboard

Cruise recreates experience 100 years later

Mary Beth Crocker Dearing and her husband Tom Dearing from Newport, Ky., pose for the media in period costume as they wait to board the MS Balmoral cruise ship in Southampton, England, on Sunday.

Nearly 100 years after the Titanic went down, a cruise with the same number of passengers aboard is setting sail to retrace the ship's voyage, including a visit to the location where it sank. The Titanic Memorial Cruise departed Sunday from Southampton, where the Titanic left on its maiden voyage. Organizers are trying to recreate the on-board experience minus the disaster from the food to a band playing music from that era. **THE ASSOCIATED PRESS**

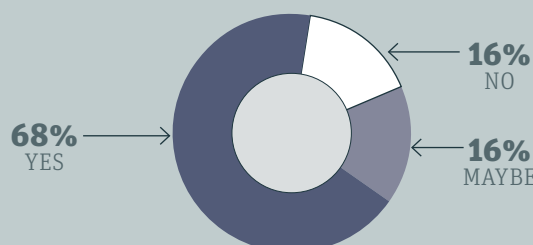


An original Titanic menu from April 10, 1912, has recently been sold for \$122,000 US as part of a unique exhibition on display at Belfast City Hall, Northern Ireland. **PETER MORRISON/THE ASSOCIATED PRESS**



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@AliyaJasmine:

Playoffs for my hometown @NHL team! Congrats boys @NHL_Sens #ottawa #stanleycup"

@martylandriault:

RT @SensNation: #Sens vs #Rangers... #YesWeCan

@tweetsonlo:

The Hockey News (who predicted #Sens to finish 15th in East) predicts four-game #NYRangers sweep of Round 1. #NHL

@elgordog9:

#Sens have Mon-Wed-Mon home playoff games. Dammit, I hate school-night playoff games! <http://t.co/pt1U3YF> #BelieveIt #Fin-ishHigher

@Flip_4:

My eyes might be deceiving me... but I might have seen some #Sens at 67's game today...hmmm

@JessicaTurner01:

I'm really excited about Bob Cole. #Sens #NHLPlayoffs



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China.....1.9¢/min	Lebanon.....7.9¢/min	Trinidad.....4.9¢/min
Colombia.....3.9¢/min	Mexico.....1.9¢/min	U.A.E.....14.9¢/min
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El Salvador.....9.9¢/min	Philippines.....11.9¢/min	U.K.....2.9¢/min
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2

SCENE

Box office

*Easter feast
for Hunger
Games*

Film fans are still forking over for *The Hunger Games*, which has taken in \$33.5 million to lead the box office for a third-straight weekend. According to studio estimates Sunday, *The Hunger Games* raised its domestic total to \$302.8 million. It easily out-earned two returning favourites, the *American Pie* sequel *American Reunion* and a 3D version of the blockbuster *Titanic*. Both newcomers opened solidly, though. *American Reunion* pulled in \$21.5 million, the lowest haul since the 1999 original but still a decent return for a comedy franchise whose last chapter came nine years ago. *Titanic* in 3D reeled in \$17.4 million over the weekend, raising its domestic take to \$25.7 million since opening Wednesday.

THE ASSOCIATED PRESS

On the web



Group New Multitudes honour Woody Guthrie with new music based on his unfinished works



Our Lady Peace released their latest album, *Curve*, last week. AARON VINCENT ELKAIM/THE CANADIAN PRESS

Our Lady Peace had a clumsy path to new disc

Transformation. Band came to the brink of a breakup before enlisting the help of a new producer who helped them push their sound forward

The past decade hasn't been an entirely peaceful time for Our Lady Peace.

Frontman Raine Maida concedes that diminishing record sales, a hobbled industry and an occasional feeling of creative aimlessness brought the Toronto band closer to the brink of a breakup than they've otherwise been in nearly 20 years of playing together. But Maida says the alt-rock quartet stayed united

Toughing it out

"I think we all really knew in our hearts we hadn't got there yet."

Our Lady Peace frontman Raine Maida on the band sticking together through tough times so they could put out their latest album, *Curve*.

in large part because they could sense a creative breakthrough was around the corner, and he feels they've found it with new disc, *Curve*. "I think the last 10 years were probably the most tumultuous, and we never broke up because even when we were really on the cusp of it — of walking away from this — because we hadn't made this record," Maida said during a recent interview in Toronto. "I think we all really knew in our hearts we hadn't got there yet."

The transformative process began the first time the band

got into a room with producer Jason Lader (known for helming discs by Maroon 5, Rilo Kiley and Elvis Costello), who was blunt in summing up his thoughts on some of the material the band was working with at the time.

And Maida said it was crude candour, not tact, that the band needed. "It's like when you're in a relationship for a long time with someone — it gets harder and harder to pull the right things out of people," he said. "I can only push Jeremy (Taggart) so hard as a drummer and he's

only going to say certain things to me as a lyricist ... it's all baby steps. But then we brought Jason in and it's like no baby steps. No filter. 'This sucks. You guys don't listen to this kind of music, why would you make a record like this? Let's challenge you.'"

For Maida, the process meant revisiting records that inspired him — early Peter Dinklage and David Bowie — to draw inspiration. The band pushed to find deeper grooves, unusual rhythms and new textures, adding keyboards (or guitars that sounded like keyboards) and new vocal wrinkles to subtly tweak their sound.

It was important to Maida that the band not stray too far from their traditional sound, but instead push it forward.

Largely, the new tunes

sound a little subtler, a little funkier. The supple *Window Seat* slowly heats to a boil, *Fire in the Hen House* dances atop a nimble bassline while album-closer *Mettle* mixes spoken-word recordings over delicately plucked guitar strings.

The recordings in question came from conversations conducted with 74-year-old Canadian boxing legend George Chuvalo. Maida — a lifelong fan of boxing and mixed martial arts — went to Chuvalo's home with a tape recorder to talk about the boxer's life, which was racked with hardship. Chuvalo lost three of his sons to suicide or addiction and his first wife also took her own life. "There's so much depth to George," Maida said. "He's a fighter in and out of the ring."

THE CANADIAN PRESS

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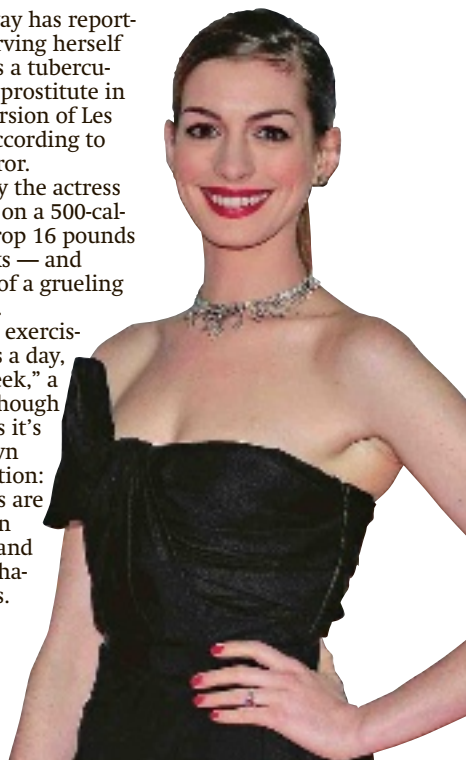


Hathaway really dedicated to film role?

Anne Hathaway has reportedly been starving herself for her role as a tuberculosis-stricken prostitute in a new film version of *Les Misérables*, according to the *Daily Mirror*.

Sources say the actress has subsisted on a 500-calorie diet to drop 16 pounds in three weeks — and that's on top of a grueling gym regimen.

"Anne was exercising two hours a day, five days a week," a source says, though her rep insists it's all being blown out of proportion: "The numbers are exaggerated in both pounds and calories," Hathaway's rep says.



Heidi Klum

Stick a fork in it: Klum and Seal are done

There goes any hope for a reconciliation: Three months after announcing their separation, Heidi Klum has officially filed divorce papers against husband Seal in California, citing "irreconcilable differences," accord-

ing to TMZ. The couple's prenuptial agreement reportedly ensures they'll retain separate property and assets, and Klum is seeking primary custody of the couple's four children, with visitation rights for Seal.

Will Hunger Games director helm the sequel?

After introducing the blockbuster franchise, director Gary Ross will reportedly not be returning to helm the second *Hunger Games* film, according to the *Playlist*.

Ross and the franchise's studio, Lionsgate, were involved in a "tough" back and forth over the deal for *Catching Fire*, the second

installment in Suzanne Collins' book series. Ross was reportedly paid \$3 million for the first film, plus five per cent of its profits. Deadline's Nikki Finke, however, insists the reports are premature, and that Ross has been on vacation with his family while the news of his walking away from the franchise has spread.



Britney Spears ALL PHOTOS GETTY IMAGES

Jason Trawick to share legal control over Britney Spears

Poor Britney Spears. Sure, she's a famous millionaire, has two cute kids (we can overlook for a moment with whom she had them), and a killer body.

But she's still apparently incapable of looking after her own affairs.

It was announced over the weekend that her fiancé, Jason Trawick, has reportedly filed a petition to be added as one of her conservators, according to *E!* News.

If approved, Trawick would be in charge of Spears' general well-being, while the singer's father would still be in charge of her multimillion-dollar

fortune. Per *People*, a conservator like Trawick has the legal authority to make decisions over a person's food, clothing and medical care.

Since 2008, Spears' father has held legal control over her, her career, and her fortune after the singer suffered a psychological breakdown.

Sad. Usually you hope a marriage will be an equal partnership in all affairs, but it seems like Spears, 30, is still so medicated/sick that she's incapable of self-sufficiency. This is what America does to its famous young women. Amanda Bynes, take note.

Klein thanks dog for recovery

American Reunion star Chris Klein knew he had a problem with alcohol thanks to his German shepherd, Chief.

"He would get agitated that the alcohol was coming out, and I will be forever grateful to him for that," Klein, who has been sober for 19 months following a DUI arrest and a stint in

rehab, tells *People* magazine.

"He began to recognize the behaviour shift in me when (I drank) alcohol and his behaviour would change. Anybody that has a meaningful relationship with a dog will understand that the disappointment that I saw in his eyes, (it was) insurmountable."

Twitter



@SethMacFarlane

This country is so asleep it's kind of a shock that the rest of the world doesn't write on us.



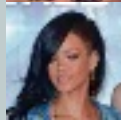
@SteveMartinToGo

I thought yesterday was the first day of the rest of my life but it turns out today is.



@MissKellyO

I love it when my Dad calls me up just for a chat!



@rihanna

If u love something let it go...if it doesn't come back, hunt it down and kill it

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Amanda Bynes arrested for DUI



THE WORD

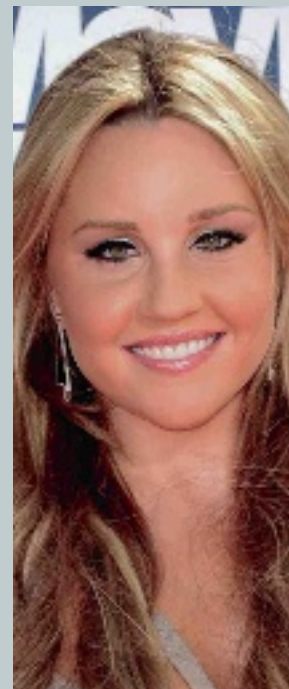
Dorothy Robinson
scene@metronews.ca

Nickelodeon star Amanda Bynes, 26, showed she isn't that innocent by pulling a very Lohan-esque move over the weekend: She drunkenly careened into a police car in the wee hours of Friday morning.

According to *People* magazine, the *Hairspray* actress was arrested for driving under the influence in Los Angeles after colliding with a police car at around 3 a.m. on Friday, after partying at L.A.'s Greystone Manor Club.

"A Los Angeles County Sheriff's Deputy in a marked black and white radio car was stopped at the intersection of ... Robertson Boulevard and Santa Monica Boulevard preparing to turn right onto Santa Monica Boulevard when a black BMW driven by actress Amanda Bynes attempted to pass the right of the radio car, colliding with the right rear quarter panel of the radio car," the West Hollywood Sheriff's office said in a statement.

"There was minor paint transfer damage to both



vehicles. Amanda Bynes was subsequently arrested for driving under the influence and booked at West Hollywood Sheriff's Station."

The actress sported pink-highlighted hair in her mug shot, and after posting \$5,000 for bail, she was spotted the next day in the same leg-baring outfit to retrieve her BMW from an impound lot, according to TMZ.

Look on the bright side, Bynes: The "I'm not drunk. I'm just kinda over it and bored" face you're trying to work in your booking photo is some of the best acting work you've done in years.



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3

LIFE

Casting Call

Say Cheese for Gap

Gap is looking for the next faces of BabyGap and GapKids.

Up to five photos and a description of babies ages four and under or kids ages five to 12 can be posted at gap.com/castingcall between April 2 and 22.

Winners will receive a \$1,000 gift card to Gap and a \$10,000 donation made in their name to Communities in Schools, a Canadian NFP helping kids to stay in school.

DELIA MACPHERSON, METRO

On the Web



Divorce expo a low-key counterpoint to multi-million-dollar wedding industry



After 11 years of marriage, Brian and Kathryn Quinn renewed their wedding vows. DEANNA FENECH/ THE ASSOCIATED PRESS

Walk down the aisle faithfully (again)

Vow renewal. Saying, 'I do' a second (or third) time reminds couples of how far they have come

Popularity

"In the last three to five years, they've become extremely popular."

Susan Southerland, president of Just Marry!, Inc. wedding planners on the increasing popularity of vow-renewal ceremonies

Kathryn Quinn of East Lansing, Mich., is approaching her 11-year anniversary. She and her husband recently renewed their vows on a trip to the Virgin Islands.

"I'm so glad we did it," she said. "This was our first trip away from our children. It was at a beautiful location. The vow renewal was meaningful, and gave us a chance away from our daily life to really celebrate our time together and be grateful for our relationship."

Recommitting to a relationship through vow renewals is becoming more popular, said Susan Southerland, president of Just Marry!, Inc. wedding planners in Orlando.

"In the last three to five years, they've become extremely popular. We've always done one or two throughout the year, but all of a sudden it's become a huge request."

Winifred Brunston of Lancaster, Calif., lost her husband last year. She enjoys looking back to their 35th anniversary, in 2004, when they renewed their vows in the same small church where they got married.

Brunston feels marriage vows mean more over the years because "it lets the spouse know you still love them enough to marry them again."

Anja Winikka, editor of the wedding TheKnot.com, believes one reason for the spike of interest in vow renewals is that some celebrity couples have done it.

Tori Spelling and Dean McDermott filmed their vow renewal for their reality TV show. Holly Robinson Peete tweeted photos after she and former NFL quarterback Rodney Peete recently celebrated their 17-year anniversary by renewing their vows on top of the Empire

State Building in New York. Mariah Carey and Nick Cannon are the most consistent; they renew their vows every year.

"You hear about it, and just like any trends in the wedding industry and in decor and fashion, celebrities certainly do influence us in that way," says Winikka.

Southerland says she recently helped a couple who renew their vows every year. "It's always a surprise, and the husband plans it," she said.

Whether you renew your vows annually or just once, in a small ceremony or as part of a vacation, the cost of saying "I do — again" can vary.

"You can do something that's very simple, that's just the husband and wife standing up with a photographer, and that can be less than \$1,000. Or you can do something where you've invited a bunch of



Mariah Carey and Nick Cannon renew their vows each year. CHRIS PIZZELLO, FILE/ THE ASSOCIATED PRESS

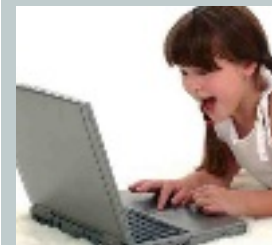
people. I've had people spend upwards of 50 or 60 thousand," Southerland said.

And even a do-over bride can turn into a Bridezilla, she says. "That still is personality-driven, which kind of makes me chuckle," she said. "I'm thinking, 'Wow, you've known this guy for a long time. What's there to be nervous about?' Others are more laid-back. But you still have some very nervous brides."

THE ASSOCIATED PRESS

The Web

When kids google you



While I'm proud to be a mommy blogger, I recently found myself in a position where I actually thought, "I think I may have to stop writing about motherhood." This was thanks to Google. Or rather, thanks to my daughter, who recently learned what Google search is and how to use it.

It started when, inspired by her future stepsisters who told her dolls cannot talk, she Google searched "Are stuffed animals real?" One of the things that came up was a post I had written about how my daughter freaked out when she took Ellie (her stuffed animal) into a pool and poor Ellie drowned. (Of course I gave Ellie mouth-to-mouth and she was fine.)

She read the piece. Then: Tears. Lots and lots of tears. "Why did you write that?" my daughter asked, crying, as the truth sunk in. My heart broke.

But she was hooked. Another night, I found she had Google searched me, via "Google Image," to show some new friends. What she pulled up were photos of me lying sexily in lingerie that went along with a story I did about boudoir photography. The good news is I look damn good. The bad news is I didn't really want strangers (especially little children) looking at me in lingerie.

At home, I don't allow my daughter to be on a computer. She doesn't have her own, and she knows that she is not to touch mine, under any circumstances. But this year at school, sometimes her homework is to Google search people who are coming into her class to speak. I'm at her side when she does this, but along with iPads, and computers at other people's homes, I can't really control her use.

No matter how open and close I am with my daughter, I just know I'll have a lot of explaining to do one day thanks to all my writing about her. I'm trying to look at the positives, and there is only one thing I can come up with. I've never had a sex tape leaked. And I never plan to film a sex tape. And, I suppose, I'm glad she can...read?

REBECCA ECKLER, MOMMYISH.COM

Overcoming age discrimination

Let us help. Across Canada, young people are showing a growing interest in giving back, but how is their willingness to work being received?

Last summer Kelly Lovell decided to create her own charitable initiative. The Waterloo, Ont., native had been an active volunteer for three years and wanted to run a major fundraiser before she headed to university in the fall.

After founding Dollars for Dreams — which would raise money for Save the Children without any backing from other organizations — Lovell planned a gourmet bake sale at a local mall. All went smoothly until she took some regulatory forms to mall management in person. “I started to get some problems because they realized how young I was,” says Lovell, who was 19 at the time.

“People don’t expect youth to have the abilities to do things like this, to be in the workforce, to be successful or organize events, and that’s huge discrimination right there.”

crimination right there.”

As the latest national figures show youth engagement in volunteering surging ahead, Lovell’s experience underscores the age discrimination many young Canadians are trying to overcome.

In her case, after repeatedly showing that she had met all regulatory requirements, Lovell said she got a call from the mall a day before her event and was told her sale couldn’t go ahead. She then had to call the corporation that ran the mall to get them to override local management’s decision.

“They just don’t trust you. They always think you’re up to something or that you don’t have experience,” she says.

Such barriers are exactly what Volunteer Canada is trying to help youth break down.

A report from the organization — which identifies itself as the national voice for volunteerism in Canada — found that youth are generally seen as being in need of services instead of being perceived as a group with skills that can contribute to volunteer initiatives. It also found a feeling among youth that their opinions and insights aren’t valued, respected or taken into account.

“Young people are very engaged, but they contribute the fewest number of hours. We really need to make sure that they’re getting what they want out of a volunteer opportunity,” says Ruth MacKenzie, president and CEO of Volunteer Canada.

“We found that they feel discriminated against when they’re looking for volunteer opportunities, there was assumptions made that they don’t have the skills.”

In trying to sustain youth volunteer efforts, Volunteer Canada recently worked with Manulife Canada to develop a suite of online tools to help tap into youth potential. They include a self-assessment tool that helps youth identify skills and interests they can apply to volunteering. A tip sheet on how organizations can become more youth-friendly will soon be online as well.

Malika Ladha knows the value of volunteering and continually advocates for youth to be taken more seriously in their efforts to help. “The major thing is not to have a position where youth are tokenized or patronized,” says the 20-year-old, who is the chair of Alberta’s YouthVOLUNTEER!

THE CANADIAN PRESS



Kelly Lovell, right, stands at a Dollars for Dreams fundraiser that she organized to raise money for Save the Children in Waterloo, Ont., in September 2011. HANDOUT/THE CANADIAN PRESS

Lessons from the Titanic

True story. Educators attempt to balance tragic and triumphant aspects of famous event as Titanic’s centennial approaches

Eleven-year-old John Payne has been a student of the Titanic since kindergarten. He has scrupulously researched the ship, built a model out of LEGO freehand and successfully lobbied his fifth-grade teacher in suburban Chicago to let him mark the disaster’s centennial with a multimedia presentation for his class.

What’s not to like? There’s mystery, high technology and heroes. Sunken treasure, conspiracy theories and jarring tales of rich versus poor.

But there’s also death, lots of it, and that has some parents, teachers and writers of children’s books balancing potentially scary details with more palatable, inspirational fare focused on survivors, animals on board or the mechanics of shipbuilding.

John “doesn’t ask questions about the dead and other darker aspects” of what went on that moonless night in the North Atlantic,” said his mother, Virginia Tobin Payne.

“He’s a sensitive kid. We try



Titanic enthusiast John Marcus Payne shows off his LEGO model of the Titanic cruise ship in Glencoe, Ill. CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

to temper all of it so it doesn’t become an obsession,” she said. “After the anniversary passes, I hope we can sort of close the book on him looking for more information about it.”

Barry Denenberg struggled with how to depict the horror in his new book *Titanic Sinks!* The sepia-tone hardcover, written as a mock magazine, was released ahead of the April 14

anniversary and has already made it into schools. The book, from Viking, is intended for kids nine and older and doesn’t hold back much as it blends fact and fiction for a meticulous, realistic feel that draws on the official record.

“There’s only one little line in the book about how most of the people froze to death. They did not drown,” Denenberg

said. “Hypothermia is a much longer death. I had to make a decision about what’s accurate and what’s ghoulish.”

Debbie Shoulders teaches eighth-grade English in Clarksburg, Tenn., but her new T is for Titanic alphabet book from Sleeping Bear Press is intended for far younger children.

“The word ‘died’ doesn’t appear often in the book,” she said. “We softened it with ‘perished’ or ‘did not live.’ The goal was to remember what people on board contributed, not so much what happened to them.”

Tracey Friedlander in Bethesda, Md., has a Titanic-obsessed nine-year-old, but she doesn’t shy away from the rough stuff.

She thinks the story offers teachers and parents perfect real-life lessons on perseverance, loyalty, the dangers of arrogance and the shortcomings of technology as kids learn to sort out the complexities of their own lives.

“Kids like Kade have grown up in the shadows of 9-11, the wars in Afghanistan and Iraq, and a red, yellow, green terrorist alert colour-code system,” Friedlander said. “Like most of us, he’s trying to make sense of the world around him and the accompanying human tragedies. The Titanic happens to present an incredible learning opportunity for curious minds.”

THE ASSOCIATED PRESS

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Upgrade these casual bites



This recipe serves two to four. THE CANADIAN PRESS H/O

Chicken Fingers. Kids will love dipping these bites into the Caesar Mayonnaise

These chicken fingers will make a perfect weeknight supper. Children love them, so you will have an enthusiastic audience, and the adults in the crowd will appreciate

them as well.

The chicken fingers have a kicked-up crust and tasty Caesar dipping sauce to serve them up with.

Toss in some chopped romaine lettuce for a new twist for your next Chicken Caesar Salad.

1. Cut chicken into strips and dredge in flour. Coat chicken with mayonnaise.

2. In a shallow dish, mix

together breadcrumbs, rind, cajun spice, garlic powder, salt and pepper; toss chicken in mixture to coat evenly.

3. Place chicken strips on a parchment paper lined baking sheet. Bake in 200 C (400 F) oven for about 25 minutes, turning them halfway or until no longer pink inside. Serve with Caesar Mayonnaise.

4. Caesar Mayonnaise: In a

Ingredients

- 2 boneless, skinless chicken breasts
- 125 ml (1/2 cup) whole wheat flour
- 125 ml (1/2 cup) mayonnaise
- 250 ml (1 cup) whole-wheat or panko breadcrumbs
- 10 mL (2 tsp) grated lemon rind
- 5 mL (1 tsp) cajun spice
- 2 mL (1/2 tsp) garlic powder
- Pinch each salt and freshly ground pepper

Caesar Mayonnaise

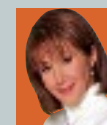
- 125 ml (1/2 cup) mayonnaise
- 30 mL (2 tbsp) freshly grated Parmesan cheese
- 15 mL (1 tbsp) chopped fresh parsley
- 5 mL (1 tsp) chopped capers
- 5 mL (1 tsp) grated lemon rind
- 5 mL (1 tsp) lemon juice
- Pinch each salt and pepper

bowl, whisk together mayonnaise, cheese, parsley, capers, lemon rind and juice, salt and pepper.

THE CANADIAN PRESS/ HELLMAN'S/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE VISIT EMILYRICHARDSCOOK.CA.)

Healthy eating

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Red Lobster is a seafood favourite for many families thanks to its seemingly endless options. Just be careful what part of the menu you're ordering from.

Admiral's Feast

1,280 calories/ 73 g fat/ 4,300 mg sodium

This is no feast if you're watching your weight. Most of the dish is deep fried, accounting for a day's worth of calories and fat, and three days of sodium.



Equivalent

One Admiral's Feast is like eating five Arby's roast beef sandwiches in fat.



Ultimate Feast

600 calories/ 28 g fat/ 3,660 mg sodium

A much better choice since you're getting virtually all steamed seafood, including lobster, shrimp and crab legs, is the Ultimate Feast.



Prepare for warm weather ahead by firing up grill for Hot Dogs with Chili

A spiced up and smoky chili atop a hot dog can sure hit the spot on a semi-warm spring night. It's also a great way to fire up the grill in preparation of warmer evenings ahead.

If there is no time to make the chili before your dinner guests arrive or before the kids come back from their extracurricular activities, be sure to use some leftovers you have in the fridge to jazz up your dog.

Some favourites are onions, sauerkraut, pickles, and relish but you can also add cheese and unique ingredients like avocado.

1. In a large skillet over medium heat, heat the two slices of bacon and half of the onion, stirring occasionally for about 5 minutes or until the bacon is crisp and browned. Add the jalapeno pepper and minced garlic and cook for about 1 minute. Add the ground sirloin and cook stirring and breaking up the meat with the side of a spoon, for about 5 minutes.

2. Add the chipotle chili, paprika, cumin and salt and

mix well. Stir in the tomato sauce and beer; bring everything to a simmer. Reduce the heat to medium-low and simmer, stirring occasionally, for about 10 minutes or until liquid thickens; keep warm.

3. Prepare your grill for direct and indirect cooking over medium heat, 180 to 230 C (350 to 450 F).

4. Cut a few shallow slashes in each hot dog. Wrap the hot dog buns in a foil packet.

5. Grill the hot dogs over the direct medium heat, with the lid closed as much as possible, turning occasionally for 5 to 7 minutes or until the hot dogs are lightly marked on the outside and hot all the way to the centre.

6. During the last 3 minutes of grilling time, warm the packet containing the hot dog buns over indirect medium heat.

7. Place the hot dogs in the buns. Top each one with chili, cheese and remain-

Ingredients

- 2 slices bacon, finely chopped
- 1 medium white onion, finely chopped, divided
- 15 mL (1 tbsp) minced jalapeno pepper
- 10 mL (2 tsp) minced garlic
- 500 g (1 lb) ground sirloin
- 1 canned chipotle chili in adobo sauce, chopped, or 5 mL (1 tsp) chipotle chili powder
- 5 mL (1 tsp) smoked paprika
- 2 mL (1/2 tsp) each ground cumin and kosher salt
- 1 can (277 mL/8 oz) tomato sauce
- 125 mL (1/2 cup) lager beer, beef broth or water
- 8 all-beef hot dogs (each about 125 g/4 oz)
- 8 hot dog buns
- 250 mL (1 cup) grated sharp cheddar cheese

ing chopped onion. Serve warm.

WEBER'S TIME TO GRILL BY JAMIE PURVIANCE/ THE CANADIAN PRESS/ THIS RECIPE WAS ADAPTED FOR METRO NEWS BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOK.CA.)



This recipe serves eight. THE CANADIAN PRESS H/O



Intelligent water pumps can result in significant cost savings — and help the environment. ISTOCK IMAGES

Getting water into your glass might be more costly than you think

Water pumps. Old, inefficient technology hurts the environment and wastes money

BEN KNIGHT
life@metronews.ca

Water is heavy. And it wants to move in one direction: down.

Human civilization needs water to go up — to the top floors of houses, office blocks, schools, apartment buildings and skyscrapers.

That takes an enormous amount of energy. Studies show about 18.5 per cent of all electrical power is expended moving water — and much of it is being wasted.

So says Jes Munk Hansen, North American president of Grundfos, the world's largest producer of water pumps.

"If you go into a hotel or school or bank and look at their mechanical room, you will see electric pumps that are typically quite old — technology from the '50s and

Wasted power

18.5%

The approximate percentage of all the electrical power produced on Earth that is consumed by water pumps.

sometimes earlier," he says.

"These pumps are not only inefficient by themselves, they basically run all the time because they don't have intelligence to tell them when to run. It's as silly as leaving your car engine running all night."

Hansen says this is a problem that actually feeds on itself. We need energy to move water, and water is essential to producing energy.

"What makes our pumps special is that the motors have added software and electronics. (We make) intelligent pumps that only consume the energy they absolutely need to."

It's a problem most of us aren't even aware of. Hansen says a significant part of his company's work is simply educating landlords that this huge, expensive problem exists in the first place.

Reducing consumption

Hansen says the bigger a nation's economy, the more energy is consumed pumping water. He also says Europe is a decade ahead of North America in addressing it.

- "There are technologies available today that can solve this," he says. "Consumers can save on their utility bills, the local municipalities and utility companies can reduce their resource consumption, and we make good business out of this. This is also about creating new green jobs."

The potential savings are staggering. "If the starting point is that almost 20 per cent of all electricity is consumed by water pumps, imagine if we can take out ... a quarter of that," says Hansen. "That would be an enormous amount, the equivalent of many, many power plants — many nuclear plants."

Queen of Green

The green way to clean stainless steel



QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

What's a non-toxic cleaner for stainless-steel appliances like my fridge?
Eileen, Ottawa

Did you know Canadians spend more than \$275 million a year on household cleaning products?

We buy these products to fight germs, streaks, stains and odours to keep our homes sparkling clean. But despite what the TV commercials tell us, we don't need a separate stainless steel cleaner, floor cleaner, tub and tile cleaner and counter cleaner. Save your money and simplify!

Choose the smallest num-

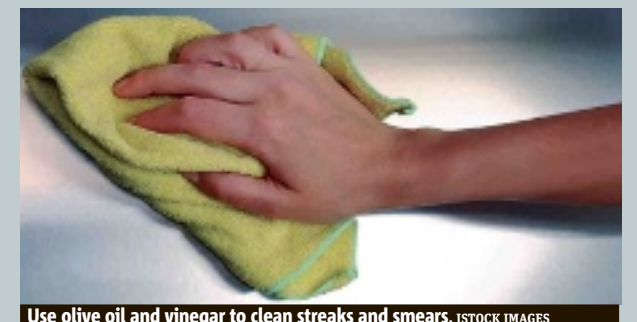
ber of eco-friendly, multi-purpose products that will help achieve your household cleaning goals. Speaking of simple, the best way to clean streaks, smears and smudges from stainless-steel appliances is to use food-grade cleaning ingredients — white vinegar and olive oil.

Step one: dampen a rag with plain olive oil. Then, wipe the surface of your stainless steel fridge. Step two: flip the same rag over

and pour enough white vinegar to dampen. Now, wipe the stainless steel surface a second time — don't forget the fridge door handle.

Olive oil is great for lifting dirt. It also makes a great floor and furniture polish when you add a splash of lemon juice and a squirt of vinegar. And white vinegar will cut grease, deodorize and disinfect.

In the midst of a home-cleaning product detox? Take our survey at davidsuzuki.org/whatsinside and



Use olive oil and vinegar to clean streaks and smears. ISTOCK IMAGES

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make eco-friendlier choices. **FOR MORE QUEEN OF GREEN VISIT** DAVIDSUZUKI.ORG/GREENLIVING

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Down at your desk.

Study finds workers who feel obligated to stay with their company more likely to experience stress.

Whether you feel a sense of obligation about your work or are staying on the job because you don't see an alternative, new research suggests the end result for employees could be the same: burnout.

According to Montreal researchers, the decision to stick with your company — whether by choice or because of slim pickings in the job market — can lead to emotional exhaustion, a chronic state of physical

and mental depletion resulting from continuous stress and excessive job demands.

The study was conducted by Concordia University, Université de Montreal and HEC Montreal. The findings were published in the journal Human Relations.

Concordia assistant professor and study co-author Alexandra Panaccio and her colleagues surveyed 260 workers from various industries, including information technology, health services, engineering and architecture.

Among participants — aged 34 on average — 33 per cent held managerial positions, while 50 per cent worked in the public sector. The study found that people who stay in their organizations because they feel an obligation toward their em-

ployer are more likely to experience burnout.

A similar effect can also be seen among workers who stay the course because they don't see alternatives for employment outside their current organizations.

Researchers also measured various types of organizational commitments, like whether employees identified with a company's goals and values and whether they felt an obligation to stay.

"It may be that, in the absence of an emotional bond with the organization, commitment based on obligation is experienced as a kind of indebtedness — a loss of autonomy that is emotionally draining over time," said Panaccio in a release.

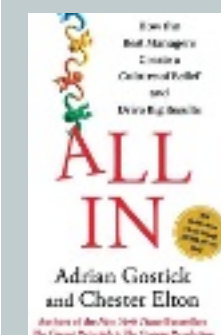
THE CANADIAN PRESS

On the shelf



1501 Ways to Reward Employees

A revamped and overhauled version of his former book 1001 Ways to Reward Employees, Bob Nelson authors a hands-on, how-to guide on motivating and rewarding employees in the trickiest work environments.



All In: How the Best Managers Create a Culture of Belief and Drive Big Results

Based mostly on a 300,000-person study conducted during the recession, All In is an analysis of management choices that lead to creating a distinctive workplace culture. This 'culture' is determined by a company's mission, values and goals, which are outlined in detail by authors Adrian Gostick and Chester Elton.

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Canadian youth are helping kids and families around the world by participating in the World Vision 30 Hour Famine.

NEWS CANADA

A Canadian story that is changing the world

A hunger to help. A small charity event created by Calgary youth has become a global phenomenon

A In February 1971, 17-year-old Ruth Roberts and 14 friends staged a "starve-in" at a church in Calgary to draw attention to the plight of African children suffering during a continent-wide famine.

"We chose to stop eating for a day-and-a-half so we could understand, even in a small way, what those children were experiencing," recalls Roberts.

The group raised \$600 for World Vision and created a small splash when a local TV station interviewed Roberts. The annual event caught on and soon youth groups and schools were participating across Canada. In the early 1980s, with

History

"We chose to stop eating for a day-and-a-half so we could understand, even in a small way, what those children were experiencing."

Ruth Roberts, co-founder of 30 Hour Famine

World Vision's support, the 30 Hour Famine became an international fundraiser.

Now, the 30 Hour Famine is a huge event held in 15 countries including Australia, Brazil, Chile, China, Indonesia, Japan, Korea, the Netherlands, New Zealand, Taiwan, Thailand, Singapore, the United Kingdom and the United States.

By going without solid food and consuming only water and juice, teens experience a brief glimpse of what millions of children face every day.

The students increase

awareness in their communities about conditions in developing countries, while raising funds for programs that tackle the root causes of poverty.

The 30 Hour Famine funds community development projects that fight issues affecting some of the world's most vulnerable children, including the lack of access to nutritious food and clean water, education and child protection against trafficking, forced labour and violence.

This month, 60,000 Canadian youth will participate with the goal of raising \$3.6 million.

NEWS CANADA

Web

To find out more information about organizing your own event, visit:

- famine.ca

monster.ca

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4

SPORTS

Quoted

"We lacked work ethic, structure and focus in the last three games. Hopefully, that's over. The season is over and we can get back to being a hard-working team that plays with speed, plays 200 feet and is hard to play against."

Ottawa Senators coach Paul MacLean after a 4-2 loss to the New Jersey Devils in Saturday's regular-season finale. Ottawa, which lost its final three games, slipped to the No. 8 seed and will face the top-seeded New York Rangers in the first round. The Senators won the season series, 3-1.

On the web



The Pittsburgh Penguins and Philadelphia Flyers kick off the NHL playoffs on Wednesday and the animosity between the long-time rivals has only increased over the past week. The war of words continued Sunday and Flyers forward Scott Hartnell says he expects a "bloodbath" when the first-round series gets underway. Scan the code for the story.



Bubba Watson celebrates his win on the second playoff hole on Sunday in Augusta, Ga. ANDREW REDINGTON/GETTY IMAGES

Bubba brilliant with Masters on the line

Golf. Watson makes remarkable shot from trees on playoff hole to secure green jacket

Trapped in the trees, Bubba Watson had no chance. Good thing he's one of those guys who never hits the ball straight.

Unable to even see the green from where he was standing, Watson curled a shot from out of the pine straw and safely onto the 10th green to win the Masters on the second hole of a playoff Sunday over Louis Oosthuizen.

Quoted

"He hit an unbelievable shot there.... This is not one I felt like I played badly. Great stuff to him. He deserves it."

Louis Oosthuizen after losing in a final-round playoff to Bubba Watson at the Masters.

Watson won his first major and sobbed hard, his shoulders heaving, as he embraced his mother on the 10th green. He won by hitting a wedge shot, one that may have trumped the historic double-eagle 2 that Oosthuizen dropped in on the second green to take the lead early in the final round.

Both players finished regulation at 10-under 278. Watson

played the second playoff hole in par to win by one shot.

"I was there earlier today, during regulation," he said. "So I was used to it. I knew what I was facing there. I had a good lie, had a gap where I had to hook it 40 yards or something. I'm pretty good at hooking it."

And that's how Gerry (Bubba) Watson found himself wearing a green jacket.

After missing a 10-foot putt that would have won it on the 18th green in the first playoff hole, Watson pushed his tee shot on No. 10 so far right, it was actually behind the gallery.

No punching it out on this day. He lined it up, curved it in and when Oosthuizen couldn't get up and down from in front of the green after his own errant drive, Watson simply had to two-putt to capture the title.

He almost made the first, missing only by a few inches. Watson held out his hand to playfully calm down the crowd, then tapped it in and the tears started flowing immediately.

THE ASSOCIATED PRESS



Canadian skip Glenn Howard celebrates with third Wayne Middaugh after winning the men's world curling title on Sunday. HO-MICHAEL BURNS/THE CANADIAN PRESS

Curling. Howard back on top of the world

Canada's Glenn Howard defeated Scotland's Tom Brewster 8-7 to win the gold medal Sunday at the world men's curling championship.

Howard made a draw to the button in the extra end for the victory in Basel, Switzerland.

"Surreal is the best word I can come up with," Ontario's Howard said. "I can't believe we actually pulled this thing off."

Brewster had a chance to win it in the 10th end but his stone slid out and he settled for one.

In the extra end, Canada lead Craig Savill hit two nice

ticks and teammates Brent Laing and Wayne Middaugh came through with the necessary takeouts to set up Howard's winning throw.

"It's for the world championship and there's a lot on the line but Glenn makes it 99 times out of 100," Middaugh said. "That's why he's throwing the last puck and there's nobody better to have doing it."

It was the second straight year that Brewster had to settle for silver. He lost to Manitoba's Jeff Stoughton in last year's final in Regina.

THE CANADIAN PRESS

Hockey

Canada gets first win over Finns

Canada bounced back at the women's world hockey championship on Sunday with a 3-2 win over Finland in Vermont.

Laura Fortino, Caroline Ouellette and Gillian Apps scored for Canada, while goaltender Shannon Szabados made 14 saves for the win.

Venla Hovi scored short-handed and Saija Tarkki also scored for the Finns.

Canada is 1-1 in the tournament after opening with a 9-2 loss to the host U.S. THE CANADIAN PRESS

English Premier League

United closes in on title with win

Manchester United closed in on a 20th English championship title on Sunday after Wayne Rooney and Paul Scholes scored in a 2-0 victory over 10-man Queens Park Rangers and title rival Manchester City lost at Arsenal.

With six rounds to go, an eighth straight league win put United eight points clear of City, which lost 1-0.

THE ASSOCIATED PRESS

NBA

Lin feeling good but still expects to miss Round 1

Knicks guard Jeremy Lin said Sunday he feels "pretty good" after knee surgery but doesn't think he could make it back for the first round of the playoffs.

"I think unless something goes really well, I wouldn't get there," Lin said before the Knicks played the Chicago Bulls.

THE ASSOCIATED PRESS

Winning history

Glenn Howard's previous world championship wins came in 1987, 1993 and 2007.

- Sunday's victory was Canada's 34th world championship since the first event in 1959.
- Sweden won bronze earlier Sunday as Sebastian Kraupp defeated Norway's Thomas Ulsrud 9-8.

NATIONAL HOCKEY LEAGUE													
EASTERN CONFERENCE													
	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk	
z-NY Rangers	82	51	24	2	5	226	187	109	27-12-0-2	24-12-2-3	6-4-0-0	L2	
y-Boston	82	49	29	1	3	269	202	102	24-14-1-2	25-15-0-1	7-2-0-1	W2	
y-Florida	82	38	26	7	11	203	227	94	21-9-2-9	17-17-5-2	2-3-2-3	W1	
x-Pittsburgh	82	51	25	3	3	281	221	108	29-10-2-0	22-15-1-3	6-4-0-0	W3	
x-Philadelphia	82	47	26	2	7	264	232	103	22-13-1-5	25-13-1-2	5-4-0-1	L1	
x-New Jersey	82	48	28	2	4	228	209	102	24-13-0-4	24-15-2-0	7-2-0-1	W6	
x-Washington	82	42	32	4	4	222	230	92	26-11-2-2	16-21-2-2	6-2-1-1	W2	
x-Ottawa	82	41	31	6	4	249	240	92	20-17-2-2	21-14-4-2	4-6-0-0	L3	
Buffalo	82	39	32	4	7	218	230	89	21-12-3-5	18-20-1-2	6-3-0-1	L2	
Tampa Bay	82	38	36	5	3	235	281	84	25-14-1-1	13-22-4-2	6-3-1-0	W1	
Winnipeg	82	37	35	6	4	225	246	84	22-13-2-4	20-14-1-6	4-1-0-2	L2	
Carolina	82	33	33	10	6	213	242	82	20-14-5-5	13-19-8-1	5-5-0-0	L1	
Toronto	82	35	37	5	5	231	264	80	18-16-3-4	17-21-2-1	3-5-1-1	L1	
NY Islanders	82	34	37	7	4	203	255	79	17-18-5-1	17-19-3-2	5-5-0-0	L1	
Montreal	82	31	35	4	12	212	226	78	16-15-2-8	15-20-2-4	3-3-1-3	W1	

WESTERN CONFERENCE													
	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk	
py-Vancouver	82	51	22	2	7	249	198	111	27-10-0-4	24-12-3-2	8-1-1-0	W1	
y-St. Louis	82	49	22	1	10	210	165	109	30-6-1-4	19-16-0-6	4-3-0-3	W1	
y-Phoenix	82	42	27	3	10	216	204	97	22-13-2-4	20-14-1-6	7-1-0-2	W5	
x-Nashville	82	48	26	3	5	237	210	104	26-10-2-3	22-16-1-2	6-4-0-0	W3	
x-Detroit	82	48	28	3	3	248	203	102	31-7-1-2	17-21-2-1	4-4-1-1	L2	
x-Chicago	82	45	26	4	7	248	238	101	27-8-1-5	18-18-3-2	6-1-0-3	W1	
x-San Jose	82	43	29	5	5	228	210	96	26-12-2-1	17-17-3-4	7-3-0-0	W4	
x-Los Angeles	82	40	27	6	9	194	179	95	22-14-0-5	18-13-6-4	6-2-1-1	L2	
Calgary	82	37	29	7	9	202	226	90	23-12-1-5	14-17-6-4	3-2-3-2	W2	
Dallas	82	42	35	1	4	211	222	89	22-16-0-3	20-19-1-1	3-7-0-0	L5	
Colorado	82	41	35	4	2	208	220	88	22-17-1-1	19-18-3-1	3-5-1-1	L2	
Minnesota	82	35	36	2	9	177	226	81	20-17-1-3	15-19-1-6	6-4-0-1	L1	
Anaheim	82	34	36	5	7	204	231	80	21-18-2-0	13-18-3-7	4-5-0-1	L1	
Edmonton	82	32	40	4	6	212	239	74	18-17-3-3	14-23-1-3	4-4-2-0	L3	
Columbus	82	29	46	2	5	202	262	65	17-21-1-2	12-25-1-3	6-4-0-0	W2	

x — clinched playoff berth; y — clinched division; z — clinched conference; d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

PLAYOFFS

FIRST ROUND

CONFERENCE QUARTER-FINALS (Best-of-7)

EASTERN CONFERENCE

N.Y. RANGERS (1) VS. OTTAWA (8)

Thursday's game

Ottawa at N.Y. Rangers, 7 p.m.

Saturday, April 14

Ottawa at N.Y. Rangers, 7 p.m.

BOSTON (2) VS. WASHINGTON (7)

Thursday's game

Washington at Boston, 7:30 p.m.

Saturday, April 14

Washington at Boston, 3 p.m.

FLORIDA (3) VS. NEW JERSEY (6)

Friday, April 13

New Jersey at Florida, 7 p.m.

PITTSBURGH (4) VS. PHILADELPHIA (5)

Wednesday's game

Philadelphia at Pittsburgh, 7:30 p.m.

Friday, April 13

Philadelphia at Pittsburgh, 7:30 p.m.

WESTERN CONFERENCE

VANCOUVER (1) VS. LOS ANGELES (8)

Wednesday Game

Los Angeles at Vancouver, 10:30 p.m.

ST. LOUIS (2) VS. SAN JOSE (7)

Thursday's game

San Jose at St. Louis, 7:30 p.m.

PHOENIX (3) VS. CHICAGO (6)

Thursday's game

Chicago at Phoenix, 10 p.m.

NASHVILLE (4) VS. DETROIT (5)

Wednesday's game

Detroit at Nashville, 8 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Baltimore	3	0	1.000	—
Tampa Bay	3	0	1.000	—
Toronto	2	1	.667	1
Boston	0	3	.000	3
New York	0	3	.000	3
CENTRAL DIVISION				
Detroit	3	0	1.000	—
Kansas City	2	1	.667	1
Chicago	1	1	.500	1½
Cleveland	1	2	.333	2
Minnesota	0	3	.000	3
WEST DIVISION				
Seattle	3	1	.750	—
Texas	2	1	.500	1
Los Angeles	1	2	.333	1½
Oakland	1	3	.250	2

Yesterday's results

Detroit 13 Boston 12 (11 inn.)

Cleveland 4 Toronto 3

Baltimore 3 Minnesota 1

Tampa Bay 3 N.Y. Yankees 0

Kansas City 7 L.A. Angels 3

Chicago White Sox at Texas

Today's games

L.A. Angels (C.Wilson 0-0) at Minnesota

(Blackburn 0-0), 4:10 p.m.

Chicago White Sox (Sale 0-0) at Cleveland

(Tomlin 0-0), 7:05 p.m.

N.Y. Yankees (Nova 0-0) at Baltimore (Matusz

0-0), 7:05 p.m.

Boston (Doubront 0-0) at Toronto (Alvarez 0-

0), 7:07 p.m.

Seattle (Noesi 0-0) at Texas (Darvish 0-0),

8:05 p.m.

Kansas City (Mendoza 0-0) at Oakland

(Millone 0-0), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	3	0	1.000	—
Washington	2	1	.667	1
Philadelphia	1	2	.333	2
Miami	1	3	.250	2½
Atlanta	0	3	.000	3
CENTRAL DIVISION				
St. Louis	3	1	.750	—
Cincinnati	2	1	.667	½
Houston	2	1	.667	½
Pittsburgh	2	1	.667	½
Chicago	1	2	.333	1½
Milwaukee	1	2	.333	1½
WEST DIVISION				
Arizona	3	0	1.000	—
Los Angeles	3	1	.750	½
Colorado	1	2	.333	2
San Diego	1	3	.250	2½
San Francisco	0	3	.000	3

Yesterday's results

N.Y. Mets 7 Atlanta 5

Cincinnati 6 Miami 5

Pittsburgh 5 Philadelphia 4

Houston 3 Colorado 2

St. Louis 9 Milwaukee 3

Chicago Cubs 4 Washington 3

San Diego 8 L.A. Dodgers 4

Arizona 7 San Francisco 6

Today's games

Miami (Sanchez 0-0) at Philadelphia (Hamels 0-0), 1:05 p.m.

San Francisco (Zito 0-0) at Colorado (Chacin 0-0), 4:10 p.m.

Milwaukee (Marcum 0-0) at Chicago Cubs

(Volstad 0-0), 7:05 p.m.

St. Louis (Westbrook 0-0) at Cincinnati (Bailley 0-0), 7:10 p.m.

Washington (Jackson 0-0) at N.Y. Mets (Pel-frey 0-0), 7:10 p.m.

Atlanta (Beachy 0-0) at Houston (Happ 0-0), 8:05 p.m.

SOCCER

MLS

Saturday's results

Montreal 2 Toronto FC 1

New York 4 Columbus 1

Sporting Kansas City 1 Los Angeles 0

San Jose 3 Vancouver 1

D.C. United 0 Seattle FC 0

Real Salt Lake 2 Colorado 0

Chivas USA 2 Portland 1

ENGLAND

PREMIER LEAGUE

Yesterday's results

Manchester United 2 Queens Park Rangers 0

Arsenal 1 Manchester City 0

SCOTLAND

PREMIER LEAGUE

Yesterday's result

Hibernian 1 Motherwell 1

FRANCE

LIGUE 1

Yesterday's results

Caen 1 Bordeaux 0

Nice 2 Lorient 0

Paris Saint-Germain 2 Marseille 1

GERMANY

BUNDESLIGA

Yesterday's results

Schalke 3 Hannover 0

Hamburger SV 1 Bayer Leverkusen 1

GOLF

THE MASTERS

At Augusta, Ga.

Par 72

Final Round

(a-amateur)

(x-won on second playoff hole)

x-Bubba Watson	69-71-70-68—278
Louis Oosthuizen	68-72-69-69—278
Lee Westwood	67-73-72-68—280
Matt Kuchar	71-70-70-69—280
Peter Hanson	68-74-65-73—280
Phil Mickelson	74-68-66-72—280
Ian Poulter	72-72-70-69—283
Padraig Harrington	71-73-68-72—284
Justin Rose	72-72-72-68—284
Adam Scott	75-70-73-66—284
Jim Furyk	70-73-72-70—285
Fred Couples	72-67-75-72—286
Sergio Garcia	72-68-75-71—286
Kevin Na	71-75-72-68—286
Hunter Mahan	72-72-68-74—286
Graeme McDowell	75-72-71-68—286
Ben Crane	69-73-72-73—287
Bo Van Pelt	73-75-75-64—287
Charles Howell III	72-70-74-72—288
Fredrik Jacobson	76-68-70-74—288
Francesco Molinari	69-75-70-74—288
Geoff Ogilivry	74-72-71-71—288
Brandt Snedeker	72-75-68-73—288
Jason Dufner	69-70-75-75—289
Anders Hansen	76-72-73-68—289
Paul Lawrie	69-72-72-76—289
Keegan Bradley	71-77-73-69—290
Jonhan Byrd	72-71-72-75—290
Rickie Fowler	74-74-72-70—290
Vijay Singh	70-72-76-72—290
Scott Stallings	70-77-70-73—290
Luke Donald	75-73-75-68—291
Angel Cabrera	71-78-71-71—291
Zach Johnson	70-74-75-72—291
Sean O'Hair	73-70-71-77—291
Nick Watney	71-71-72-77—291
Sang-Moon Bae	75-71-69-77—292
Thomas Bjorn	73-76-74-69—292
Bill Haas	72-74-76-70—292
Aaron Baddeley	71-71-77-74—293
Rory McIlroy	71-69-77-76—293
Henrik Stenson	71-71-70-81—293
Tiger Woods	72-75-72-74—293
Kevin Chappell	71-76-71-76—294
Martin Kaymer	72-75-75-72—294
Webb Simpson	72-74-70-78—294
Ross Fisher	71-77-73-74—295
Steve Stricker	71-77-72-75—295
a-Patrick Cantlay	71-78-74-72—295
Stewart Cink	71-75-81-69—296
Robert Karlsson	74-74-77-

Tribe's Santana prevents Jays sweep

MLB. Cleveland catcher hits pair of homers on 26th birthday en route to win in finale of opening series

It's hard to interpret whether winning two out of three on the road in the opening series versus the Indians is a sign of good things to come for the Blue Jays because of the great work of the bullpen, or is a sign they may struggle offensively because of their early-innings scoring woes.

After mounting another late-inning rally, this one falling just short in the ninth inning of Sunday's 4-3 loss, will this be the Jays team that scored 14 of their 17 runs from the seventh inning on while pulling out two dramatic wins in extra innings, or is it the team that was shut down by the Tribe's starting trio of Justin Master-son, Ubaldo Jimenez and, on

Sunday's game

4

Indians

3

Blue Jays

Sunday, Derek Lowe, managing three earned runs and only eight hits in 22 innings, combined?

The Jays were tenacious and fortunate.

"In some ways, yeah," Jays manager John Farrell agreed. "We ran up against some very good starting pitching in this series.

"They worked deep in the game, they worked quick, they put the ball on the ground, they got key strikeouts in some spots, but setting aside falling behind early in the game, this is a team that plays right to the last out, which is very consistent with what we did a year ago."

Jays starter Joel Carreno allowed a pair of home runs

Sent down

- The Jays optioned Joel Carreno to Triple-A Las Vegas after the loss.

- Manager John Farrell said Aaron Laffey will be called up from Las Vegas and will be used out of the bullpen. Toronto won't need a fifth starter until April 21.

to catcher Carlos Santana during his 97-pitch, six-inning outing.

The Jays battled back again late in the contest in their final two at-bats, with Jose Bautista popping up with the bases loaded to end the game.

"Any time you have Jose Bautista at the plate and the tying run at third, we'll sign up for that opportunity each and every game," Farrell said.

The Jays return to the Rogers Centre for a sold-out home opener on Monday.

TORSTAR NEWS SERVICE



The Indians' Jason Donald slides under the legs of Yunel Escobar to steal second in the eighth inning Sunday in Cleveland. AMY SANCETTA/THE ASSOCIATED PRESS

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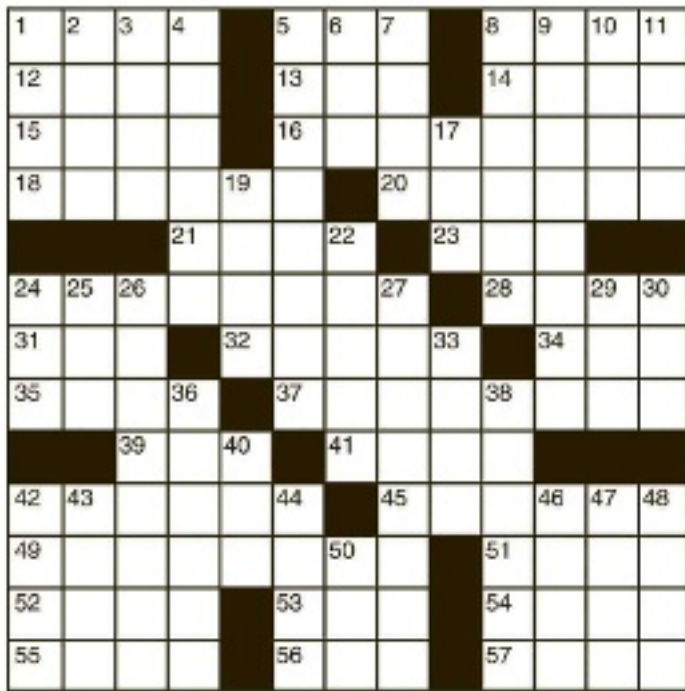
Crossword

Across

- 1 Mediocre
5 Sibling, for short
8 Low voice
12 Chew the fat
13 Young fellow
14 Engaged with
15 "— She Sweet?"
16 Pyrenees dweller
18 Tile art
20 Glosses
21 Stir-fry pans
23 More, to Manuel
24 Moderately slow melodies
28 Mail org.
31 "Gosh"
32 Musical transition
34 Japanese pond fish
35 "How clumsy of me"
37 Human-like robots
39 Greek vowel
41 Smell
42 U.S.A. neighbour
45 Morale
49 Male hormone
51 Tortoise's rival
52 Versifier
53 Snakelike swimmer
54 Eager
55 Remnants
56 Firmament
57 Capone foe

Down

- 1 Con game
2 Major U.S. river
3 Without (Fr.)
4 Capital of 42-Across
5 Dark brew
6 Scooted
7 Probability
8 Department
9 Social doings at a lodge
10 Musial or Laurel
11 Half the offspring
17 Resistance unit
19 Charged bits
22 Sheet-music symbol
24 Past
25 Ultra-modernist
26 Hinged (on)
27 Just like that
29 Legume holder
30 Kin of 5-Across
33 Cupid's alias
36 Opens
38 Warbucks' Annie, e.g.
40 Commotion
42 Part of a Dracula costume
43 In due course
44 Reacts to time
46 Great review
47 Rainbow
48 Kennedy and Danson
50 "A mouse!"



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

2	4	8	8	7	5	1	8	3
3	8	7	6	1	2	9	4	5
5	1	9	8	3	4	7	8	2
6	7	2	4	9	3	5	1	8
8	3	1	7	5	8	4	2	9
4	9	5	1	2	8	3	7	6
9	2	4	3	6	1	8	5	7
7	6	8	5	4	9	2	3	1
1	5	3	2	6	7	6	9	4

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

Q G C H D ' O T B X Z I N Q I S P H K T
M H I Q G T O H D P N O T T P , Q N ' P
B H P P Q A X T N L Z N C H D
K Q S L N A T Z M T W Z O P T T W T O .
Yesterday's Cryptoplugin: SOME YOGURT GOT
BANNED FROM THE HIGH-CLASS COUNTRY
CLUB FOR NOT BEING CULTURED ENOUGH.
Today's Cryptoquip Clue: D equals U



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today

8°/3°
Showers
60%

Tuesday

6°/1°
Showers
70%

Know what the weather
will be 14 days from now.
Check the 14 day trend.

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Horoscope

♈ Aries | March 21 - April 20.

New faces and new places beckon this coming week, so get out and about and have a good time.

♉ Taurus | April 21 - May 21.

Your ideas may seem sensible to you but other people clearly have doubts and you will have to work hard to convince them.

♊ Gemini | May 22 - June 20.

Everything seems right with your world and what happens today will confirm your belief that the gods of luck are very much on your side.

♋ Cancer | June 21 - July 22.

If you feel uncomfortable with something you are doing it is most likely your conscience trying to warn you that you are on the wrong track.

♌ Leo | July 23 - Aug. 22.

There is no point arguing with people whose beliefs and opinions are so very different to your own.

♍ Virgo | Aug. 23 - Sept. 22.

Someone you meet today will make such an impression on you that you actually want to be like them.

♎ Libra | Sept. 23 - Oct. 22.

Don't attach too much importance to what you see or hear around you this coming week.

♏ Scorpio | Oct. 23 - Nov.

21. Your challenge this week is to keep your more negative emotions under lock and key, even when certain people are clearly trying to provoke you into doing something intemperate.

♐ Sagittarius | Nov. 22 - Dec.

21. According to the planets you will

accomplish more over the next few days if you take a relaxed view of other people's transgressions.

♑ Capricorn | Dec. 22 - Jan 20.

No matter how many things have gone wrong in your life it will all start going right again when Mars turns direct on the 14th. Between now and then just try to relax. You've been far too intense of late.

♒ Aquarius | Jan. 21 - Feb 18.

Look on the bright side today even if your world seems to be coming apart at the seams.

♓ Pisces | Feb. 19 - March 20.

What you need to realize now is that you can have only a limited effect on your environment. Once you "get" that fact you won't feel so tempted to interfere in other people's lives — which only makes matters worse.

SALLY BROMPTON



Caption Contest

"So, does Bob know where we're heading?"

Eric B

ANDREW BROWNBILL/THE ASSOCIATED PRESS

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st:33272 • **\$9,640** • bw:\$89**

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LOADED, A/C • 68262km
st:33504 • **\$15,850** • bw:\$131***

08 KIA RONDO EX
LOADED, A/C, AUTO • 87121km
st:33324 • **\$9,970** • bw:\$93**

10 KIA SOUL 4U
LOADED, A/C, ROOF, AUTO • 53986km
st:32895 • **\$15,950** • bw:\$131***

07 NISSAN QUEST
LOADED, A/C, AUTO • 95995km
st:32409 • **\$13,650** • bw:\$147*

08 HONDA ACCORD
LOADED, A/C, AUTO • 107112km
st:32664-A • **\$13,750** • bw:\$128**

08 MAZDA B2300
A/C • 61594km
st:33422 • **\$10,750** • bw:\$100**

09 NISSAN ROGUE
LOADED, A/C, AUTO • 60968km
st:32613-A • **\$16,950** • bw:\$157**

08 PONTIAC TORRENT
LOADED, A/C, AUTO • 75537km
st:33159 • **\$13,380** • bw:\$124**

07 HYUNDAI SANTA FE
LOADED, A/C, AUTO • 81806km
st:33289 • **\$13,870** • bw:\$149*

08 CHEVROLET MALIBU LT
LOADED, A/C • 52016km
st:33345 • **\$12,470** • bw:\$116**

08 MAZDA TRIBUTE 4WD
LOADED, ROOF, LTHR • 92605km
st:33429 • **\$13,950** • bw:\$129**

07 FORD EDGE SEL AWD
LOADED, A/C, LTHR, AUTO • 95433km
st:32926-A • **\$17,850** • bw:\$192*

11 SUZUKI SWIFT PLUS
LOADED, A/C • 58162km
st:33524 • **\$10,950** • bw:\$90***

09 CHRYSLER PT CRUISER
LOADED, A/C, AUTO • 61199km
st:32428 • **\$8,950** • bw:\$83**

08 SAAB 9-3 2.0T
LOADED, ROOF, LTHR, AUTO • 90901km
st:33488 • **\$13,980** • bw:\$130**

10 TOYOTA COROLLA CE
LOADED, A/C, AUTO • 65320km
st:32948 • **\$12,950** • bw:\$107***

08 FORD FUSION SE
LOADED, A/C, ROOF • 70497km
st:33130 • **\$10,750** • bw:\$100**

08 FORD TAURUS SEL
LOADED, A/C, AUTO • 90818km
st:32153 • **\$11,840** • bw:\$110**

09 FORD ESCAPE XLT 4WD
LOADED, A/C, AUTO • 87719km
st:32729 • **\$16,460** • bw:\$153**

07 VOLKSWAGEN PASSAT
LOADED, A/C, LTHR, AUTO • 79395km
st:32521 • **\$14,870** • bw:\$160*

11 CHRYSLER 200
LOADED, A/C • 36288km
st:33503 • **\$16,970** • bw:\$140***

11 FORD FIESTA SE
LOADED, A/C, AUTO • 50713km
st:33517 • **\$13,980** • bw:\$115***

10 SUZUKI SX4
LOADED, A/C, AUTO • 52490km
st:32918 • **\$11,750** • bw:\$97***

11 HYUNDAI SONATA
LOADED, A/C, MAGS, AUTO • 56556km
st:32771 • **\$17,950** • bw:\$148***

10 EQUINOX LS AWD
LOADED, A/C, AUTO • 63009km
st:33050 • **\$18,850** • bw:\$155***

08 HYUNDAI ELANTRA GL
STD • 34056km
st:33047 • **\$8,450** • bw:\$78**

07 PONTIAC G5 SE
LOADED, A/C, AUTO • 93314km
st:33309 • **\$5,750** • bw:\$62*

07 HYUNDAI ACCENT GLS
LOADED, A/C • 83450km
st:33392 • **\$6,850** • bw:\$74*

08 NISSAN ALTIMA 2.5S
LOADED, A/C, AUTO • 84112km
st:33662 • **\$12,980** • bw:\$120**

10 SENTRA XTRONIC CVT
LOADED, A/C, AUTO • 63149km
st:33574 • **\$11,960** • bw:\$99***

07 CHRYSLER SEBRING
LOADED, A/C • 86262km
st:31515 • **\$9,680** • bw:\$104*

07 TRAILBLAZER 4WD
LOADED, A/C, ROOF • 79210km
st:33199 • **\$14,870** • bw:\$160*

11 DODGE AVENGER SXT
LOADED, A/C • 33755km
st:33579 • **\$15,970** • bw:\$132***

07 MAZDA RX-8 COUPE
LOADED, A/C, ROOF, LTHR • 63835km
st:33444 • **\$16,870** • bw:\$181*

07 PONTIAC G6 V6
LOADED, A/C, AUTO • 91906km
st:33426 • **\$8,860** • bw:\$95*

09 TOYOTA MATRIX
LOADED, A/C • 68124km
st:33622 • **\$12,960** • bw:\$120**

07 VOLVO S40
LOADED, A/C, LTHR, AUTO • 84104km
st:32486 • **\$14,870** • bw:\$160*

11 TOYOTA SIENNA LE
LOADED, A/C, AUTO • 59919km
st:33138 • **\$25,890** • bw:\$204***

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07 Cadillac CTS

• Loaded, A/C,
Lthr, Auto
• st: 33383
• km: 64065

\$16,930

\$182*
Bi-weekly



07 Benz ML320 DIESEL

• AWD, NAV, Lthr,
Loaded, Roof
• st: 32168
• km: 72545

\$29,950

\$311*
Bi-weekly



08 BMW 128i COUPE

• Loaded, A/C,
Lthr, Roof, Auto
• st: 33071
• km: 78474

\$21,870

\$195*
Bi-weekly



08 Benz B200

• Loaded, A/C,
Auto
• st: 32353
• km: 66500

\$16,880

\$157*
Bi-weekly



08 Lexus IS250

• AWD, Loaded,
Roof, Lthr, Auto
• st: 29824
• km: 75146

\$26,840

\$248*
Bi-weekly



08 Lincoln MKZ

• AWD, Loaded,
Lthr, Roof, Auto
• st: 33632
• km: 98400

\$16,750

\$155*
Bi-weekly



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